



AFRICAN BEAT

**Teambuilding through
the power of drumming**



**For further details
& booking information
call us on
(02) 9300 0650 or visit
www.africanbeat.com.au**

THE BIG BANG PACKAGE

HOW DOES IT WORK?

As the doors of your chosen venue open, the sounds of drumming pulsate in the air and your delegates will know something fun is about to begin. Our vibrant drummers are playing their beats, and there's a drum at every chair. As everyone takes their seats they will naturally start playing their drums along with the African musicians.

The group will **drum** together, learning different rhythms that fit together, hearing their peers playing African drums for the first time. Everyone will experience a **body percussion** segment, where the drum is left aside for the moment and music is made from hands clapping, fingers clicking and feet stomping.


To mix it up we introduce **Boomwhackers** and African hand held percussion instruments. Boomwhackers are coloured musical tubes that make music by being hit on a hand or a chair or most anywhere. A lot of fun, the sea of colourful tubes are whacky and sound incredible.

African hand held percussion include tambourines, bells and shakers. The type of music made with these instruments is different to the drum patterns and provides another dimension to group music making.

Your group is now ready to be divided up into smaller teams to go off and collaborate on their own performance piece, using their new drumming and percussion skills. This is a team challenge that stimulates creativity and gets participants totally involved in a fun and non-confronting way. It's also great fun!

Ending off the session with a big **drum up**, the percussion orchestra will be confident, happy and united in harmony.

FAST FACTS

 For groups of less than 100

 Time frame 30-60 minutes

Includes

- Master Drummers from Africa
- A drum for everyone
- Interactive drumming
- Body percussion
- Interactive Boomwhackers
- African percussion
- Team challenge/
Song Competition

Ideal for

- Conferences
- break out sessions
- energisers & ice breakers
- creative days
- off site meetings
- road shows
- Christmas Parties
- end of financial year event
- quarterly team building
- annual kick off and more

Outcomes

- Creates unity, team spirit & group bonding
- Encourages cooperation above competition
- Breaks down barriers between people
- Anyone can participate, all ages and diverse backgrounds
- Lifts the energy and motivates
- Enhances imagination and creative thinking
- Promotes relaxation, relieves stress
- Improves communication and listening skills
- Stimulates left brain/
right brain coordination
- Excellent forum to communicate company vision
- Unique, highly memorable and FUN!